# Available services for Women with Opioid Use Disorder (OUD)

Every 19 minutes in the U.S., a baby is born suffering from opioid withdrawal<sup>1</sup>.

According to the Florida Perinatal Quality Collaborative (FPQC), drug-related deaths are the leading cause of death for mothers during pregnancy and within one year of birth. Drug-related deaths account for 1 in 5 of these deaths<sup>2</sup>.

#### What Can We Do?

The America College of Obstetricians and Gynecologists recommends screening for substance use early in pregnancy and at the first prenatal visit, as part of comprehensive obstetric care. The earlier a woman with OUD is identified, the greater the chance of improved outcomes for her and her baby. Family-planning discussions also play an important role in preventing unintended pregnancies. Medicaid furnishes family planning services on a voluntary and confidential basis. Medicaid recipients have freedom of choice for covered methods, and can obtain planning services and supplies from a participating provider without referral.

### Screening, Brief Intervention, and Referral to Treatment

Screening, brief intervention and referral to treatment (SBIRT) is an evidence-based practice used to identify, reduce and prevent problematic use, abuse and dependence on alcohol and recreational drugs. The goal is to improve the identification of clinical care and coordination for perinatal women using substances.

- Screening assesses the severity of substance use and identifies the appropriate level of treatment
- **Brief intervention** focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care

The following SBIRT procedure codes were added to the Medicaid Practitioner Fee Schedule and are retroactively effective to Jan. 1, 2021, dates of service:

Code	Description	Fee Schedule
H0049	Alcohol and/or drug screening	\$17.08
H0050	Alcohol and/or drug screening, brief intervention, per 15 minutes	\$28.73





- 1. Data and Statistics About Opioid Use During Pregnancy (cdc.gov)
- 2. Welcome MORE 2.0 Teams! (usf.edu)

Humana Healthy Horizons in Florida is a Medicaid product of Humana Medical Plan Inc.

#### Referral

For support with referrals, contact our HumanaBeginnings™ care management program. We can help coordinate substance-use disorder and behavioral health services, as well as provide support and resources to pregnant and new mothers. If you treat someone who uses opioids or other psychotropic substances and is pregnant, of childbearing age or considering pregnancy, Access Behavioral Health also can provide support, services and referrals for treatment.

# Access Behavioral Health

**abhreferral@lifeviewgroup.org 866-477-6725** available 24/7

#### Other Resources:

#### **Escambia and Santa Rosa Counties**

Lakeview Center, Inc. https://elakeviewcenter.org 850-469-3500

CDAC/WFIS/WISE http://www.cdac.info 888-994-9944

#### **Okaloosa County**

Bridgeway Center
http://www.bridgewaycenter.org
850-833-7500

#### Panama City and surrounding area

Life Management Center https://lmccares.org 850-522-4485

Chemical Addiction Recovery Effort, Inc.(CARE) http://www.care4000.com 850-872-7676

### HumanaBeginnings

FL\_MMA\_OB\_Referrals@humana.com 800-322-2758 ext. 1500290, Monday through Friday, 8:30 a.m. to 5:00 p.m., Eastern Time.

#### Tallahassee and surrounding area

Apalachee Center https://apalacheecenter.org 850-523-3333

DISC Village https://discvillage.com 850-421-4115

#### **Walton County**

Chautauqua Healthcare Services of Lakeview http://www.chhealthcare.org 850-892-8045