

# April 2024 Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>11 a.m.</b> Knitting Club <b>1 p.m.</b> Movie and Popcorn	<b>2</b> <b>10 a.m.</b> Show & Tell: Bring in something to talk about <b>11 a.m.</b> Spring Painting – Canvas	<b>3</b> <b>10 a.m.</b> SilverSneakers – Cardio Class <b>11:30 a.m.</b> Clean Eating with Jeopardy	<b>4</b> <b>10 a.m.</b> Bingo – Bring a Friend! <b>11 a.m.</b> Dominoes	<b>5</b> <b>10 a.m.</b> SilverSneakers Circuit <b>11:30 a.m.</b> Crafty Corner – Suncatcher <b>1 p.m.</b> Knitting Club
<b>8</b> <b>1 p.m.</b> Knitting Club	<b>9</b> <b>10 a.m.</b> Bingo – Bring a Friend! <b>11:30 a.m.</b> Cooking Demonstration	<b>10</b> <b>10 a.m.</b> SilverSneakers – Cardio Class <b>11:30 a.m.</b> Aging Happily with Coloring Activity	<b>11</b> <b>9 a.m.</b> Food Distribution ( <b>Limited Quantity, Call to RSVP</b> ) <b>11 a.m.</b> Coloring Session	<b>12</b> <b>10 a.m.</b> SilverSneakers Circuit <b>12 p.m.</b> Birthday Celebration with Senior Fun Day <b>1 p.m.</b> Knitting Club
<b>15</b> <b>1 p.m.</b> Knitting Club	<b>16</b> <b>10 a.m.</b> Cancer Prevention	<b>17</b> <b>10 a.m.</b> SilverSneakers – Cardio Class <b>11:30 a.m.</b> Decompress from Stress with Puzzles	<b>18</b> <b>10 a.m.</b> Trivia Day! – Spring Theme <b>11 a.m.</b> Dominoes Club	<b>19</b> <b>10 a.m.</b> SilverSneakers Circuit <b>1 p.m.</b> Knitting Club
<b>22</b> <b>11 a.m.</b> Knitting Club <b>1 p.m.</b> Movie and Popcorn	<b>23</b> <b>10 a.m.</b> Social Services Department <b>1:30 p.m.</b> Bingo	<b>24</b> <b>10 a.m.</b> SilverSneakers – Cardio Class <b>11:30 a.m.</b> DocTalk – Healthy Eating to Control Cholesterol with Jeopardy with Dr. Rodriguez	<b>25</b> <b>9 a.m.</b> Hygiene Distribution ( <b>Limited Quantity, Call to RSVP</b> ) <b>11 a.m.</b> Navigating Your Over-the-Counter Benefits and Managing Medications with Bingo <b>1 p.m.</b> Estate Planning, Probate, and Guardianship with Attorney Kimberly Soto (Part 1)	<b>26</b> <b>10 a.m.</b> SilverSneakers Circuit <b>11:30 a.m.</b> Coloring Session <b>1 p.m.</b> Knitting Club
<b>29</b> <b>11 a.m.</b> Knitting Club <b>1 p.m.</b> Movie and Popcorn	<b>30</b> <b>10 a.m.</b> Bingo <b>11 a.m.</b> Game Time – Wii Just Dance	<div>  <div> <b>Conway Plaza</b>            4442 Curry Ford Road            Orlando, FL 32812         </div> </div>		