

Monday	Tuesday	Wednesday	Thursday	Friday
				<div>1</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: 80 for Brady (2023)</div>
<div>4</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>11:30 a.m. - 12:30 p.m.</div> <div>Birthday celebrations</div>	<div>5</div> <div>10 - 11 a.m.</div> <div>Foods to help fight aging</div> <div>11 a.m. - 12 p.m.</div> <div>Healthy cooking demo with Chef Leslie</div>	<div>6</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>11:30 a.m. - 12:30 p.m.</div> <div>Bingo</div>	<div>7</div> <div>10 - 11:30 a.m.</div> <div>Craft corner: Rock painting (RSVP)</div>	<div>8</div> <div>1 - 2 p.m.</div> <div>Trivia: Jingles & slogans (streamed)</div>
<div>11</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div>	<div>12</div> <div>10 - 11:30 a.m.</div> <div>Open House* (RSVP for option 1)</div> <div>1 - 2:30 p.m.</div> <div>Open House* (RSVP for option 2)</div>	<div>13</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>11:30 a.m. - 12:30 p.m.</div> <div>Bingo</div>	<div>14</div> <div>10 - 11:30 a.m.</div> <div>SilverSneakers® 101 & demo*</div>	<div>15</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: Cry Macho (2021)</div>
<div>18</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>1 - 2 p.m.</div> <div>Social: Canvas painting</div>	<div>19</div> <div>10 - 11 a.m.</div> <div>Games: Rummikub</div>	<div>20</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>11:30 a.m. - 12:30 p.m.</div> <div>Bingo</div>	<div>21</div> <div>10 - 11:30 a.m.</div> <div>Breathe easier: Healthy lungs with Nhi Doh PA-C</div>	<div>22</div> <div>10 - 11:30 a.m.</div> <div>HearUSA: Hearing screening</div>
<div>25</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div>	<div>26</div> <div>10 - 11:30 a.m.</div> <div>Find your feel great weight: Class 3 (RSVP)</div> <div>2 - 3 p.m.</div> <div>Blood pressure screenings</div>	<div>27</div> <div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>11:30 a.m. - 12:30 p.m.</div> <div>Bingo</div>	<div>28</div> <div>9 - 11 a.m.</div> <div>Coffee & donuts with an agent</div>	<div>29</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: A Million Miles Away (2023)</div>

Weekly recurring events

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div>		<div>10:30 - 11:15 a.m.</div> <div>SilverSneakers® Classic*</div> <div>11:30 a.m. - 12:30 p.m.</div> <div>Bingo</div>		